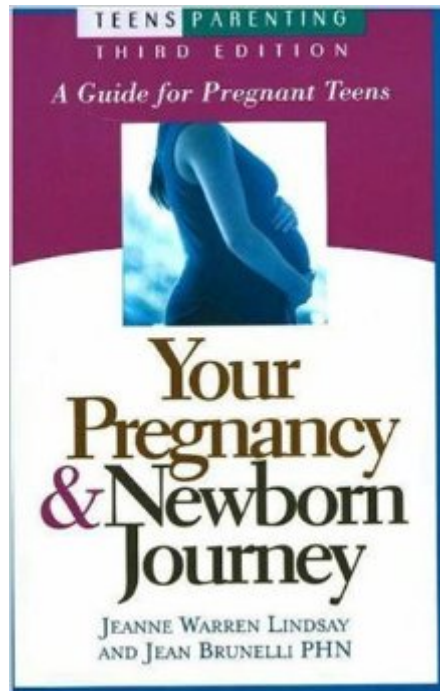


The book was found

# Your Pregnancy & Newborn Journey: A Guide For Pregnant Teens (Teen Pregnancy And Parenting Series)



## Synopsis

Sharing experiences and insights that will help other teens face the realities of impending parenthood, pregnant and parenting teens offer young expectant mothers advice for carrying and delivering a healthy baby. Medical concerns such as fetal development, nutrition, and risks related to smoking, alcohol, and drugs are discussed, and labor and delivery are described in detail—often through the words of teenagers who have already delivered. Focusing on the needs of the young mother and those of her partner, this guide also stresses the importance of staying in school, graduating, and gaining job skills. Including numerous quotes from teenage fathers, but sensitive to the fact that many pregnant teens do not have a positive relationship with their baby's father, this book provides knowledge that will improve a young mother's chances of having a satisfying experience with or without a partner's assistance.

## Book Information

Series: Teen Pregnancy and Parenting series

Paperback: 224 pages

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Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #733,600 in Books (See Top 100 in Books) #37 in [Books > Teens > Personal Health > Sexuality & Pregnancy](#) #46 in [Books > Health, Fitness & Dieting > Teen Health](#) #59 in [Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality](#)

Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Got this for a teenage niece. She found it informative and helpful.

Great read! Bought for my daughter and this was her first baby.

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Your Pregnancy & Newborn Journey: A Guide for Pregnant Teens (Teen Pregnancy and Parenting series) Pregnancy: First Time Moms- Getting Pregnant, Childbirth, and Newborn (first time mom, pregnancy, newborn, childbirth, obstetrics, parenting, motherhood) Pregnancy: The BEST Pregnancy Handbook For First Time Moms And Dads: Pregnancy, Motherhood, Childbirth, Pregnant, Healthy Kids, Healthy Children, parenting, toddlers ... diet, Breastfeeding, Newborn, Infant Care) PARENTING: Single Parenting For Moms: A Guide in Raising Your Family and Being a Successful Mom (Parenting, Single Parent, Single Mother, Parenting Boys, Parenting Girls, Raising kids, Healthy child) MTV and Teen Pregnancy: Critical Essays on 16 and Pregnant and Teen Mom MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness, teen mental health, teen issues, peer issues, treatment) Parenting: SINGLE PARENTS' BOOK: HOW TO BE THE BEST MOM AND DAD AT THE SAME TIME! 11 RULES ON HOW TO RAISE GREAT KIDS ALONE (Single, Parenting, Parenting Toddlers, Single Parenting) Alcohol Information For Teens: Health Tips About Alcohol And Alcoholism, Including Facts About Underage Drinking, Preventing Teen Alcohol Use, Alcohol's ... On The Brain And The (Teen Health Series) Positive Parenting: How to talk to your kids so they listen... Your guide to everything you need to know about positive parenting and raising children to ... Positive Discipline, Parenting Books) Study Guide for Foundations of Maternal-Newborn and Women's Health Nursing, 6e (Murray, Study Guide for Foundations of Maternal-Newborn & Women's Health Nursing) Papá's adolescentes: Derechos, responsabilidades y alegrías (Teen Pregnancy and Parenting series) (Spanish Edition) El primer año del bebé: Guía para padres adolescentes (Teen Pregnancy and Parenting series) (Spanish Edition) How to Get Pregnant Fast: Understanding Ovulation, Fertility, & Conception - And What You Can Do to Speed Things Up (Tips for Getting Pregnant Fast) Fertility: How to Get Pregnant - Cure Infertility, Get Pregnant & Start Expecting a Baby! (Childbirth, Gynecology, Fatherhood, Natural Birth, PCOS, Ovulation, Fertility Foods Book 1) Get Pregnant In 3 Months - The 'How to Get Pregnant Fast' Proven Program Pregnancy and Parenting: The Ultimate Teen Guide (It Happened to Me) Step Parenting 101: How to Be Successful at Step Parenting and Have a Happy Blended Family Forever (Step Parenting and The Blended Family) Blended Families: Steps to Help You Succeed in Step-Parenting and Become A Strong Family (Blended Family, Step Parenting, Parenting-Help) Parenting For Single Mothers: Being A Good Mom And Raising Great Kids (Single Parent, Single Mom, Parenting Boys, Parenting Girls) Pregnant, Fit and Fabulous: Your Complete Guide to Exercise Before, During and After Pregnancy